








## FFT EQUIPMENT LIST

ITEM	FCE TEST	PRICE RANGE
	Scale (weight)	Patient weight \$10-150
	Tape measure (height)	Patient height \$4.50-20
	Heart Rate Monitor (HR App to Blood Pressure Cuff, etc); Blood Pressure Monitor or Cuff	Heart Rate measurement; Blood Pressure measurement \$10-50
	Stop Watch	All Timed Tests \$0 (using an app)
	Standard chair (no cushions) approx. 46cm high	Sit to Stand Test; Get Up and Go; Chair Sit & Reach \$30-100
	Treadmill OR walking track	Cardio-Respiratory Tests (Optional) \$0 (walking track) - \$1000 (treadmill)
	Dumbbells: 5 pound and 8 pound	Arm Curl Test \$5-10

ITEM	FCE TEST	PRICE RANGE
	Duct Tape Roll or Similar Tape	Sit-up Test, Sit & Reach, Hexagon Test, Figure of Eight \$5
	Metronome	Calf Raise, Sit up Test, Step Tests \$0 (with app)
	Sit-and-Reach Box (Zero point at 23 or 26cm) Or Home made version	Sit & Reach Canadian Version (Optional) \$0-100
	Pair of Cones (Two)	Figure of Eight Run (Optional) \$10-20
	Stepstool	Step Test 40 cm (16 in) 33 cm (13 in) (Optional) \$20-40
	4 Canes	4 Square Step Test (Optional) \$30-40
	Density Foam Pad	Modified Romberg Test (Optional) \$15-20
	Jamar Grip Dynamometer (Optional)	Hand Strength (Optional) \$100 - 260

ITEM	FCE TEST	PRICE RANGE
	Stationary Bike	Cardio-Respiratory Tests (Optional) \$800
	Upper Body Ergometer	Cardio-Respiratory Tests (Optional) \$3000
	Vertical Jump Measuring Device or App	Long Jump Test (Optional) \$0 (with app) - 700
	Long Jump Test Mat	Long Jump Test (Optional) \$20-80
	Y Balance Device	Y Balance Test (Optional) \$250
	Jamar Functional Reach Device	Functional Reach Test (Optional) \$90
	Hex Test Mat	Hexagon Test (Optional) \$200