## FFT EQUIPMENT LIST

<table>
<thead>
<tr>
<th>ITEM</th>
<th>FCE TEST</th>
<th>PRICE RANGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Scale (weight)</td>
<td>Patient weight</td>
<td>$10-150</td>
</tr>
<tr>
<td>Tape measure (height)</td>
<td>Patient height</td>
<td>$4.50–20</td>
</tr>
<tr>
<td>Heart Rate Monitor (HR App to Blood Pressure Cuff, etc); Blood Pressure Monitor or Cuff</td>
<td>Heart Rate measurement; Blood Pressure measurement</td>
<td>$10-50</td>
</tr>
<tr>
<td>Stop Watch</td>
<td>All Timed Tests</td>
<td>$0 (using an app)</td>
</tr>
<tr>
<td>Standard chair (no cushions) approx. 46cm high</td>
<td>Sit to Stand Test; Get Up and Go; Chair Sit &amp; Reach</td>
<td>$30-100</td>
</tr>
<tr>
<td>Treadmill OR walking track</td>
<td>Cardio-Respiratory Tests (Optional)</td>
<td>$0 (walking track) - $1000 (treadmill)</td>
</tr>
<tr>
<td>Dumbbells: 5 pound and 8 pound</td>
<td>Arm Curl Test</td>
<td>$5-10</td>
</tr>
<tr>
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<td>PRICE RANGE</td>
</tr>
<tr>
<td>------</td>
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</tr>
<tr>
<td>Duct Tape Roll or Similar Tape</td>
<td>Sit-up Test, Sit &amp; Reach, Hexagon Test, Figure of Eight</td>
<td>$5</td>
</tr>
<tr>
<td>Metronome</td>
<td>Calf Raise, Sit up Test, Step Tests</td>
<td>$0 (with app)</td>
</tr>
<tr>
<td>Sit-and-Reach Box (Zero point at 23 or 26cm) Or Home made version</td>
<td>Sit &amp; Reach Canadian Version (Optional)</td>
<td>$0-100</td>
</tr>
<tr>
<td>Pair of Cones (Two)</td>
<td>Figure of Eight Run (Optional)</td>
<td>$10-20</td>
</tr>
<tr>
<td>Stepstool</td>
<td>Step Test 40 cm (16 in), 33 cm (13 in) (Optional)</td>
<td>$20-40</td>
</tr>
<tr>
<td>4 Canes</td>
<td>4 Square Step Test (Optional)</td>
<td>$30-40</td>
</tr>
<tr>
<td>Density Foam Pad</td>
<td>Modified Romberg Test (Optional)</td>
<td>$15-20</td>
</tr>
<tr>
<td>Jamar Grip Dynamometer (Optional)</td>
<td>Hand Strength (Optional)</td>
<td>$100 - 260</td>
</tr>
<tr>
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<td>PRICE RANGE</td>
</tr>
<tr>
<td>-----------------------------</td>
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</tr>
<tr>
<td>Stationary Bike</td>
<td>Cardio-Respiratory Tests (Optional)</td>
<td>$800</td>
</tr>
<tr>
<td>Upper Body Ergometer</td>
<td>Cardio-Respiratory Tests (Optional)</td>
<td>$3000</td>
</tr>
<tr>
<td>Vertical Jump Measuring Device or App</td>
<td>Long Jump Test (Optional)</td>
<td>$0 (with app) - 700</td>
</tr>
<tr>
<td>Long Jump Test Mat</td>
<td>Long Jump Test (Optional)</td>
<td>$20–80</td>
</tr>
<tr>
<td>Y Balance Device</td>
<td>Y Balance Test (Optional)</td>
<td>$250</td>
</tr>
<tr>
<td>Jamar Functional Reach Device</td>
<td>Functional Reach Test (Optional)</td>
<td>$90</td>
</tr>
<tr>
<td>Hex Test Mat</td>
<td>Hexagon Test (Optional)</td>
<td>$200</td>
</tr>
</tbody>
</table>