

# POET EQUIPMENT LIST

	ITEM	FCE TEST	PRICE RANGE
	Scale (weight)	Patient weight	\$10-150
	Tape measure (height)	Patient height	\$4.50-20
	Blood pressure cuff Pulse Ox with HR	Patient blood pressure	\$15-50
	Stopwatch	All timed tests like the Walking Test, Box & Block, Moberg, etc.	\$0 (using an app)
	Treadmill OR walking track	Cardio-Respiratory Tests (Optional)	\$0 (walking track) - \$1000 (treadmill)
	Free weights 25 lb weight x 4 = 100 lb Total 10 lb weights x 10 = 100 lb total 5 lb weights x 10 = 50 lb total 2 lb weights x 5 = 10 lb total 1 lb weights x 5 = 5 lb total	Lift, Carry, Push, and Pull Tests	\$45 - 150
	FCE lifting box OR milk crate	Lift/Carry Test	\$4.75 - 175

	ITEM	FCE TEST	PRICE RANGE
	Lift & Place Rack Station OR 8-foot shelf with adjustable shelf heights	Lift/Carry Test	\$60 - 500
	Push-pull sled OR cart with locking wheels	Push/Pull Test	\$45 - 200
	8-foot long 4 inch wide balance board OR 8-foot long 4 inch wide wood plank	Balance Test	\$15 - 50
	Stepstool OR set of stairs (Optional if no stairs at facility)	Step Test	\$40 - 500
	Standard pinch gauge	Hand Strength	\$40 - 150
	Hot pack or warm cloth Cold pack or cold cloth 5 washers, 5 nuts, 5 screws Quarter, dime	Hand/Sensory Testing	\$30 - 50
	Carrying bag	Single Arm Carry Test	\$15 - 80
	10-foot Step Ladder	Ladder Test	\$30 - 120

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	<p>Jamar Grip Dynamometer</p> <p>Hand Strength</p>	<p>\$100 - 260</p>
	<p>Box &amp; Block Test (Optional)</p> <p>Gross Motor</p>	<p>\$180 - 250</p>
	<p>Moberg Pick-Up Test (Optional)</p> <p>Fine Motor</p>	<p>\$5 - 20</p>
	<p>Nut &amp; Bolt Board (Optional)</p> <p>Overhead Reaching Test and Static Stooping Test</p>	<p>\$30 - 40</p>
	<p>Goniometry OR inclinometer</p> <p>Mobility</p>	<p>\$5 - 50</p>
	<p>Polar Chest HR Monitor</p> <p>Heart Rate Monitor</p>	<p>\$100 - 120</p>
	<p>Standard table 74cm or 29in high</p> <p>Side-to-Side Reaching Test, Static Stooping Test, and Dexterity Test</p>	<p>\$50 - 75</p>
	<p>50cm x 55cm x .4cm sheet of rigid foam (Plastazote) Targets are circles 6 cm in diameter. Target 1 is the proximal, starting target; target 2 the distal.</p> <p>Lower Extremity Motor Coordination Test</p>	<p>\$5</p>
	<p>Purdue Pegboard Test (Optional)</p> <p>Fine Motor</p>	<p>\$100 - 109</p>

	ITEM	FCE TEST	PRICE RANGE
	Minnesota Dexterity Test (Optional)	Gross Motor	\$180 - 250
	2-Point Discrimination Test (Optional)	Sensory	\$5 - 10
	Semmes Weinstein Sensory Kit (Optional)	Sensory	\$75 - 125
	Sensory kit (Optional – you can use cloth and stand paper)	Sensory	\$50 - 60
	Box of marbles 2 bowls with a 14cm diameter (Optional)	Side-to-Side Reaching Test and Dynamic Crouching Test	\$20 - 25
	Pair of 1kg or 2lb cuff weights (Optional)	Overhead Reaching Test	\$5
	Hausmann Heavy Duty Foot Stool, Models 2216-346, 2216-927 (Optional)	Kneel Tolerance Test	\$150
	One 16x16 SunMate Firm Density Pad One 16x16 Sunmate Hard Density Pad One 16x16 SunMate Extra Soft Density Pad	Kneel Tolerance Test	\$50 - 60
	11 Pound or 5 kg Weighted Vest	Static Stooping Test	\$40-60